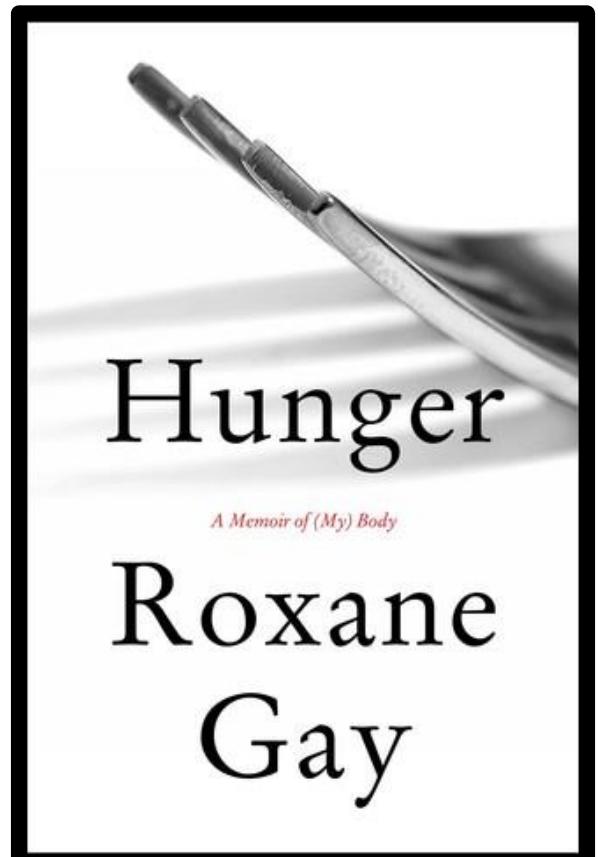


[PDF] EPUB Hunger: A Memoir of (My) Body by Roxane Gay EBOOK EPUB KINDLE

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Book details

Original Title	:	Hunger: A Memoir of (My) Body
ISBN	:	B013PKAFOC
Edition Language	:	English
Authors	:	Roxane Gay

Book Synopsis

From the bestselling author of *Bad Feminist*: a searingly honest memoir of food, weight, self-image, and learning how to feed your hunger while taking care of yourself

"I ate and ate and ate in the hopes that if I made myself big, my body would be safe. I buried the girl I was because she ran into all kinds of trouble. I tried to erase every memory of her, but she is still there, somewhere. . . I was trapped in my body, one that I barely recognized or understood, but at least I was safe."

In her phenomenally popular essays and long-running Tumblr blog, Roxane Gay has written with intimacy and sensitivity about food and body, using her own emotional and psychological struggles as a means of exploring our shared anxieties over pleasure, consumption, appearance, and health. As a woman who describes her own body as "wildly undisciplined," Roxane understands the tension between desire and denial, between self-comfort and self-care. In *Hunger*, she explores her own past—including the devastating act of violence that acted as a turning point in her young life—and brings readers along on her journey to understand and ultimately save herself.